

Hello!

Children's Hospice South West are excited to tell you about our **RUN Barnstaple Final Mile** school challenge.

We have contacted schools across North Devon to invite their children to run or walk 12 miles leading up to our big event day on Sunday 29 September. On this day the children would join us at 1pm in Rock Park, Barnstaple, to run or walk the Final Mile meaning they will have completed a half marathon in total!

By participating in the Final Mile, children will not only improve their physical fitness and teamwork skills, but also have fun while raising awareness for Children's Hospice South West. Final Mile is free to take part, although we encourage individual fundraising via coin cards and sponsor forms which can be found at www.chsw.org.uk/finalmile

To take part in the Final Mile at Rock Park children must be accompanied by their parent or guardian (unless arrangements are made for children to attend with a teacher/school). For your child to take part please complete the form at www.chsw.org.uk/finalmileconsent

On Sunday 29 September children will need to check-in before the run at our Final Mile gazebo in Rock Park. We will have lots happening on the day, with a busy event village providing food and activities, and the children will receive a fun warm up and a medal for taking part.

Watch the video on www.chsw.org.uk/finalmile which provides an insight of what to expect on the day.

We would love you to join us and help raise smiles at the Final Mile!

With warmest wishes from

Cyra and the Little Bridge House Fundraising Team

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