



children's hospice
SOUTH WEST



RUN Barnstaple Final mile

Run miles to raise smiles!

Thank you for signing up for the RUN Barnstaple Final Mile, together we will raise awareness and vital funds for children and young people living with life-limiting conditions and their families across the South West.

This pack has information and materials to help with your fundraising, coin collecting sheet to colour in, a sponsor form and a running bib. Don't forget to share that your school is taking part in your communications and on social media.

£25...

could ensure no call goes unanswered to our hospices day or night.

£45...

could contribute towards a hydrotherapy session, helping to relax bodies and muscles.

£100...

could help to provide a parent an uninterrupted night's sleep and the strength to face tomorrow.

Thank you
for helping me
and my family



😊 Fundraising ideas and tips

Final Mile is free to take part, but if you decide to fundraise, below are some fun ideas to get you started:

- 😊 Ask family and friends to sponsor you via your online fundraising page
- 😊 Spread the word and ask for sponsorship on social media using the sharing graphic available to download at www.chsw.org.uk/finalmile and #FinalMile
- 😊 Host an in-person or virtual quiz or bingo event and ask for donations to take part
- 😊 Get baking and have a cookie and cake sale
- 😊 Hold a supermarket collection day
- 😊 Organise a raffle or tombola
- 😊 Hold a dress-down day at your school or workplace in return for a donation
- 😊 Always have your sponsor form ready so you don't miss any donations
- 😊 Advertising your fundraising events using the enclosed poster template
- 😊 Additional fundraising information and tools are available to download at www.chsw.org.uk/tools

😊 Collecting your fundraising

Fundraise online. Simple to set up and means you have no money to collect! Sponsors can add Gift Aid (an extra 25p for every £1 donated). Set up an online giving page on Facebook, or at www.justgiving.com

Cash donations. Use the sponsor form included, collect cash and pay in donations online or by sending a cheque in the post. Gift Aid can be added too!!



Thank you for fundraising

Every penny you raise is truly amazing and really can raise a smile. You will be helping to support families facing some of their toughest times while providing comfort, care, and cherished memories for families who need it most.

You are also part of something bigger as you join our community of like-minded individuals who share your passion for making a difference.

Are you supporting us in memory of a loved one, to support a current family using one of our hospices or as a result of learning more about Children's Hospice South West?

If you are happy to share your story, we'd love to hear from you - please contact the Area Fundraiser at your local hospice, details are below.

😊 Here to support you

Our Fundraising Teams are on hand to support you, simply call your local CHSW children's hospice or email events@chsw.org.uk

Little Bridge House

Redlands Road, Fremington, Barnstaple, Devon EX31 2PZ ☎ 01271 325 270

Charlton Farm

Charlton Drive, Wraxall, North Somerset BS48 1PE ☎ 01275 866 600

Little Harbour

Porthpean Road, Porthpean, St Austell, Cornwall PL26 6AZ ☎ 01726 871 800



😊 How your fundraising helps

By taking part in RUN Barnstaple Final Mile, you will be helping Children's Hospice South West make the most of the lives of children and young people with life-limiting conditions and their families. The funds you raise will help to support local families now and in the future.

Each hospice is a loving and caring place, where every member of every family who stays can forget their worries for a while, be a family again and find expert help and support with facing an uncertain future.



Making the most of short and precious lives across the South West
www.chsw.org.uk

Registered Charity No. 1003314





Add some colour!

Colour in and collect coins to add to the circles and boost your sponsorship.

Once complete, remove and count the coins and pay in the amount raised, online at www.chsw.org.uk/donate or write a cheque payable to 'Children's Hospice South West' and send in an envelope with your coloured in card to Children's Hospice South West, Little Bridge House, Redlands Road, Fremington, Barnstaple, Devon EX31 2PZ (please do not send coins).

Name:

Postcode:

We take your privacy seriously. We will store your details securely on our database(s) and we will only use your personal information to provide the services you have requested from us. We will never share your details with third parties for marketing purposes without your prior explicit consent. For more information, please see our Privacy Policy www.chsw.org.uk/privacy or call 01271 325 270 ☎ Registered Charity No. 1003314



children's hospice
SOUTH WEST

We're taking part in



RUN Barnstaple
Final mile

for children and young people
living with life-limiting conditions

Find out more www.chsw.org.uk/finalmile



Making the most of short and precious lives across the South West
Registered Charity No. 1003314





www.chsw.org.uk/finalmile

Event



Where



When



Contact





Add or draw your school crest

I'm running miles because:

Raising smiles for
children's hospice
SOUTH WEST
Registered Charity No. 1003314



Your Final Mile bib

1. Colour in and add why you are taking part.
2. Add your school crest to the space provided; stick it in place or draw it.
3. Cut out your bib around the dashed line.
4. Add holes with a hole puncher as marked on each corner (for added strength, wrap some transparent adhesive tape to these corners before making the holes).

Please sponsor me

Title:	Full first name:
Surname:	
Home address:	
Postcode:	Tel no:
Email:	
Team name:	
<input type="checkbox"/> My employer offers a matched giving scheme to match the amount I raise	
Your employer's name:	



September 2024

I pledge to raise
£

to help short and precious
lives across the South West

We take your privacy seriously. We will store your details securely on our database(s) and we will only use your personal information to provide the services you have requested from us. We will never share your details with third parties for marketing purposes without your prior explicit consent. For more information, please see our Privacy Policy www.chsw.org.uk/privacy or call 01271 325 270



Thank you for your sponsorship, if you would prefer not to receive an acknowledgement, please tick here

giftaid it **Full name + home address + postcode + ✓ = Gift Aid**

If I have ticked the box headed 'Gift Aid' I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want Children's Hospice South West to reclaim tax on the donations detailed below, given on the date shown. I understand that if I pay less Income Tax/or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand that the charity will reclaim 25p of tax on every £1 that I have given.

Full Name (First name and surname)	Home Address Not your work address (this is essential for Gift Aid)	Postcode	£s Pledged	£s Received	Date Given	Gift Aid
Mr John Smith	37 Lavender Close, Brighton, East Sussex	BNI 3SR	£20	£20	14/01/2024	✓



Please sponsor me

RUN Barnstaple final mile continuation sheet

giftaid it

Full name + home address + postcode + ✓ = Gift Aid

If I have ticked the box headed 'Gift Aid' I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want Children's Hospice South West to reclaim tax on the donations detailed below, given on the date shown. I understand that if I pay less Income Tax/or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand that the charity will reclaim 25p of tax on every £1 that I have given.

Full Name (First name and surname)	Home Address Not your work address (this is essential for Gift Aid)	Postcode	£s Pledged	£s Received	Date Given	Gift Aid
Mr John Smith	37 Lavender Close, Brighton, East Sussex	BNI 3SR	£20	£20	14/01/2024	✓

Return your sponsor money using an option below and complete the details to the right:

- Send your sponsor forms and a cheque, made payable to 'Children's Hospice South West' to: Little Bridge House, Redlands Road, Fremington, Barnstaple, Devon EX31 2PZ. Alternatively bring your sponsor forms and cash/cheque to your local hospice. We ask that you don't bring your sponsorship money to the event.
- Visit www.chsw.org.uk/donate and use our online form. Please remember to post your sponsor forms to us so if your sponsors have ticked the Gift Aid box we will be able to claim an extra 25p for every £1 you raise!

Date paid/sent:

Amount paid/sent: **£**

Please indicate how you paid

Post Hospice

CHSW website