



Incredible Hike

The ultimate coast path challenge

Thank you for signing up to Incredible Hike 2025. Together we will raise awareness and vital funds for children and young people living with life-limiting conditions, and their families, across the South West.

This pack has information and materials to help with your fundraising, including top tips, an event poster and sponsor form. Don't forget to join our Incredible Hike Facebook group to share your fundraising.

£100...

could help provide a parent with an uninterrupted nights sleep, to give them the strength to face tomorrow.

£450...

could pay for the equivalent of 3 days of Music Therapy to help express thoughts and feelings.

£1,500...

could fund 24 hours of round the clock medical care for a child or young person nearing the end of life.



Fundraising ideas and tips

Whether you have signed up for an event and are raising sponsorship, or you're holding your own fundraising event, below are some fun ideas to get you started:

- ☺ Ask family and friends to sponsor you via your online fundraising page
- ☺ Spread the word and ask for sponsorship on social media using the sharing graphic available to download at www.chsw.org.uk/hike and #CHSWHike
- ☺ Host an in-person or virtual quiz or bingo event and ask for donations to take part
- ☺ Get baking and have a cookie and cake sale
- ☺ Hold a supermarket collection day
- ☺ Organise a raffle or tombola
- ☺ Hold a dress-down day at your school or workplace in return for a donation
- ☺ Always have your sponsor form ready so you don't miss out on any donations
- ☺ Additional fundraising information and tools are available to download at www.chsw.org.uk/tools
- ☺ Join our **Children's Hospice South West Incredible Hike 2025 private Facebook group** for those signed up to take part to support each other through their training and share fundraising ideas and photos.

Collecting your fundraising

Fundraise online. Simple to set up and means you have no money to collect! Sponsors can add Gift Aid (an extra 25p for every £1 donated). Set up an online giving page on Facebook, or at www.justgiving.com

Cash donations. Use the sponsor form included, collect cash and pay in donations online or by sending a cheque in the post. Gift Aid can be added too!!



Thank you for fundraising

Every penny you raise is truly amazing and really can raise a smile. You will be helping to support families facing some of their toughest times, providing comfort, care, and cherished memories for families when they need it most.

You are also part of something bigger as you join our community of like-minded individuals who share your passion for making a difference.

Are you supporting us in memory of a loved one, to support a current family using one of our hospices or as a result of learning more about Children's Hospice South West?

If you are happy to share your story, we'd love to hear from you - please contact the Area Fundraiser at your local hospice, details are below.

Here to support you

Our Fundraising Teams are on hand to support you, simply contact your local CHSW children's hospice

Little Bridge House 

Redlands Road, Fremington, Barnstaple, Devon EX31 2PZ ☎ 01271 325 270
reception.lbh@chsw.org.uk

Charlton Farm 

Charlton Drive, Wraxall, North Somerset BS48 1PE ☎ 01275 866 600
reception.cf@chsw.org.uk

Little Harbour 

Porthpean Road, Porthpean, St Austell, Cornwall PL26 6AZ ☎ 01726 871 800
reception.lh@chsw.org.uk



How your fundraising helps

By taking part in Incredible Hike, you will be helping Children's Hospice South West make the most of the lives of children and young people living with life-limiting conditions, and their families. The funds you raise will help to support families now and in the future.

Each hospice is a loving and caring place, where every member of every family who stays can forget their worries for a while, be a family again and find expert help and support with facing an uncertain future.



Making the most of short and precious lives across the South West
www.chsw.org.uk

Registered Charity No. 1003314



Walking 60 miles of the South West Coast Path



Fundraising event



Registered Charity No. 1003314

www.chsw.org.uk/hike

Event



Where



When



Contact





I'm walking 60 miles of the
South West Coast Path



Registered Charity No. 1003314

Your Incredible Hike walking bib

- 1 Cut out your bib around the dashed line
- 2 Add holes with a hole punch as marked on each corner (for added strength, add some transparent adhesive tape over these corners before making the holes)
- 3 Attach to your clothing before starting your Incredible Hike and amaze us with your incredible fundraising for children and young people living with life-limiting conditions and their families.

Please sponsor me

Title:	Full first name:
Surname:	
Home address:	
Postcode:	Tel no:
Email:	
Team name:	
<input type="checkbox"/> My employer offers a matched giving scheme to match the amount I raise	
Your employer's name:	



Friday 16 to
Sunday 18 May 2025

I pledge to raise
£

to help short and precious
lives across the South West

We take your privacy seriously. We will store your details securely on our database(s) and we will only use your personal information to provide the services you have requested from us. We will never share your details with third parties for marketing purposes without your prior explicit consent. For more information, please see our Privacy Policy www.chsw.org.uk/privacy or call 01271 325 270



Thank you for your sponsorship, if you would prefer not to receive an acknowledgement, please tick here

giftaid it **Full name + home address + postcode + ✓ = Gift Aid**

If I have ticked the box headed 'Gift Aid' I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want Children's Hospice South West to reclaim tax on the donations detailed below, given on the date shown. I understand that if I pay less Income Tax/or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand that the charity will reclaim 25p of tax on every £1 that I have given.

Full Name (First name and surname)	Home Address Not your work address (this is essential for Gift Aid)	Postcode	£s Pledged	£s Received	Date Given	Gift Aid
Mr John Smith	37 Lavender Close, Brighton, East Sussex	BNI 3SR	£20	£20	14/01/2024	✓



Please sponsor me

Incredible Hike continuation sheet

giftaid it

Full name + home address + postcode + ✓ = Gift Aid

If I have ticked the box headed 'Gift Aid' I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want Children's Hospice South West to reclaim tax on the donations detailed below, given on the date shown. I understand that if I pay less Income Tax/or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand that the charity will reclaim 25p of tax on every £1 that I have given.

Full Name (First name and surname)	Home Address Not your work address (this is essential for Gift Aid)	Postcode	£s Pledged	£s Received	Date Given	Gift Aid
Mr John Smith	37 Lavender Close, Brighton, East Sussex	BN1 3SR	£20	£20	14/01/2024	✓

Return your sponsor money using an option below and complete the details to the right:

- ☺ Send your sponsor forms and a cheque, made payable to 'Children's Hospice South West' to: Little Bridge House, Redlands Road, Fremington, Barnstaple, Devon EX31 2PZ. Alternatively bring your sponsor forms and cash/cheque to your local hospice. We ask that you don't bring your sponsorship money to the event.
- ☺ Visit www.chsw.org.uk/donate and use our online form. Please remember to post your sponsor forms to us so if your sponsors have ticked the Gift Aid box we will be able to claim an extra 25p for every £1 you raise!

Date paid/sent:

Amount paid/sent: £

Please indicate how you paid

Post Hospice

CHSW website