



# OVERSEAS CHALLENGES



New challenges and life-changing adventures to raise a smile

[www.chsw.org.uk/overseas](http://www.chsw.org.uk/overseas) • #TeamCHSW

We can help find a challenge for you: 01726 871 800 • [overseas@chsw.org.uk](mailto:overseas@chsw.org.uk)





children's hospice  
SOUTH WEST

## Do something amazing and take on an overseas challenge for CHSW!

Have you always had the intention to take on a trek up a mountain or push yourself harder than ever before on your bike, but never quite got around to doing it? Now's your chance!

Overseas challenges take place in countries all over the world, all year round, so there truly is something to suit every adventurer!

We can help you find the perfect overseas challenge event through the reputable companies we work with that specialise in organising charity expeditions.

If you have already signed up and organised participating in an event you can of course still fundraise for us!

Whatever your challenge - we're here to support you every step of the way.

Find out more today  
[www.chsw.org.uk/overseas](http://www.chsw.org.uk/overseas)

# OVERSEAS CHALLENGES



### Contact us

01726 871 800 • [overseas@chsw.org.uk](mailto:overseas@chsw.org.uk) • #TeamCHSW



Making the most of short and  
precious lives across the South West

Registered Charity No. 1003314

